

SATORI OCTOBER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Nuggets w/ Mac & Cheese Corn Fruit Variety	2 Corn Dog/Mini Corn Dogs Green Beans/Baked Beans Fruit Variety	3 Pepperoni or Cheese Pizza Carrots Fruit Variety
OCTOBER 6 th -10 th SPRING BREAK				
13 Hamburger Side Salad/Broccoli Fruit Variety	14 Traveling Taco w/ Turkey Crumbles Refried Beans/Salsa Fruit Variety	15 Chicken Sandwich Corn Fruit Variety	16 Corn Dog/Mini Corn Dogs Green Beans/Baked Beans Fruit Variety	17 Pepperoni or Cheese Pizza Carrots Fruit Variety
20 Hamburger Side Salad/Broccoli Fruit Variety	21 Traveling Taco w/ Turkey Crumbles Refried Beans/Salsa Fruit Variety	22 Chicken Nuggets w/ Alfredo pasta Corn Fruit Variety	23 Corn Dog/Mini Corn Dogs Green Beans/Baked Beans Fruit Variety	24 Pepperoni or Cheese Pizza Carrots Fruit Variety
27 Hamburger Side Salad/Broccoli Fruit Variety	28 Traveling Taco w/ Turkey Crumbles Refried Beans/Salsa Fruit Variety	29 Chicken Nuggets w/ Alfredo pasta Corn Fruit Variety	30 Corn Dog/Mini Corn Dogs Green Beans/Baked Beans Fruit Variety	31 Pepperoni or Cheese Pizza Carrots Fruit Variety

**Alternative Lunch: PB & J Pack or
Cheese Stick & Goldfish Pack**

Milk
Variety of Reduced Fat Milk Offered Daily

Lunch Components: Milk, Grain, Meat/Meat Alternate, Vegetable, Fruit
Each student must take 3-5 components. Each student must select a minimum of ½ cup fruit or ½ cup vegetable. Lunch entrées usually are composed of two (2) components.
Please Note: A student may decline components such as milk or vegetables.

This institution is an equal opportunity provider.

SATORI OCTOBER BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Banana Bread or Cinnamon Roll Fruit/Juice	2 Mini Bagels Fruit/Juice	3 Banana Bread or Cinnamon Roll Fruit/Juice
OCTOBER 6 th -10 th SPRING BREAK				
Monday	Tuesday	Wednesday	Thursday	Friday
13 Banana Bread or Cinnamon Roll Fruit/Juice	14 Mini Bagels Fruit/Juice	15 Banana Bread or Cinnamon Roll Fruit/Juice	16 Mini Bagels Fruit/Juice	17 Banana Bread or Cinnamon Roll Fruit/Juice
Monday	Tuesday	Wednesday	Thursday	Friday
20 Banana Bread or Cinnamon Roll	21 Mini Bagels	22 Banana Bread or Cinnamon Roll	23 Mini Bagels	24 Banana Bread or Cinnamon Roll
Monday	Tuesday	Wednesday	Thursday	Friday
27 Banana Bread or Cinnamon Roll Fruit/Juice	28 Mini Bagels Fruit/Juice	29 Banana Bread or Cinnamon Roll Fruit/Juice	30 Mini Bagels Fruit/Juice	31 Banana Bread or Cinnamon Roll Fruit/Juice

Alternative Breakfast:
Cereal or Cereal Bar Kit

Milk
Variety of Reduced Fat Milk Offered Daily

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