

# SATORI

## NOVEMBER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheesy breadsticks Carrots/Salad Fruit Variety	4 Traveling Taco w/ Turkey Crumbles Refried Beans/Salsa Fruit Variety	5 Spaghetti Broccoli/ Mixed Veggies Fruit Variety	6 Corn Dog Green Beans/Baked Beans Fruit Variety	7 Pepperoni or Cheese Pizza Corn/Carrots Fruit Variety
10 Cheesy breadsticks Carrots/Salad Fruit Variety	11 <b>NO SCHOOL</b>	12 Spaghetti Broccoli/ Mixed Veggies Fruit Variety	13 Corn Dog Green Beans/Baked Beans Fruit Variety	14 Pepperoni or Cheese Pizza Corn/Carrots Fruit Variety
17 Cheesy breadsticks Carrots/Salad Fruit Variety	18 Traveling Taco w/ Turkey Crumbles Refried Beans/Salsa Fruit Variety	19 Spaghetti Broccoli/ Mixed Veggies Fruit Variety	20 Corn Dog Green Beans/Baked Beans Fruit Variety	21 Pepperoni or Cheese Pizza Corn/Carrots Fruit Variety
24 <b>Sack Lunch</b>	25 <b>PB &amp; J Sack Lunch</b>	26 <b>NO SCHOOL</b>	27 <b>NO SCHOOL</b>	28 <b>NO SCHOOL</b>
<b>Alternative Lunch: PB &amp; J</b> <b>Cheese Stick &amp; Goldfish, Deli Wrap (Turkey or Ham)</b>			<b>Milk</b> Variety of Reduced Fat Milk Offered Daily	

**Lunch Components: Milk, Grain, Meat/Meat Alternate, Vegetable, Fruit**  
**Each student must take 3-5 components. Each student must select a minimum of ½ cup fruit or ½ cup vegetable. Lunch entrées usually are composed of two (2) components.**  
**Please Note: A student may decline components such as milk or vegetables.**

This institution is an equal opportunity provider.

# SATORI NOVEMBER BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
4 Banana Bread or Cinnamon Roll  Fruit/Juice	5 Mini Bagels  Fruit/Juice	6 Banana Bread or Cinnamon Roll  Fruit/Juice	7 Mini Bagels  Fruit/Juice	8 Muffin  Fruit/Juice
Monday	Tuesday	Wednesday	Thursday	Friday
11 Banana Bread or Cinnamon Roll  Fruit/Juice	12 Mini Bagels  Fruit/Juice	13 Banana Bread or Cinnamon Roll  Fruit/Juice	14 Mini Bagels  Fruit/Juice	15 Muffin  Fruit/Juice
Monday	Tuesday	Wednesday	Thursday	Friday
18 Banana Bread or Cinnamon Roll  Fruit/Juice	19 Mini Bagels  Fruit/Juice	20 Banana Bread or Cinnamon Roll  Fruit/Juice	21 Mini Bagels  Fruit/Juice	22 Muffin  Fruit/Juice
Monday	Tuesday	Wednesday	Thursday	Friday
25 Banana Bread or Cinnamon Roll  Fruit/Juice	26 Mini Bagels  Fruit/Juice	27 No School	28 No School	29 No School
Optional Breakfast Kits: Cereal or Cereal Bars (Assorted)		Menu subject to Change!	Milk Variety of Reduced Fat Milk Offered Daily	

**Reimbursable Breakfast: Each student must select a minimum of 3 components with one being a ½ cup fruit/juice.**

**Breakfast entrées are composed of 1 or 2 components**

**Please Note: Students may decline components, such as milk or extra fruit.**

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